

# *For* **M**iston *atters*



*Spring 98*



*A Community newsletter  
serving the residents & visitors  
of Invermoriston and Glenmoriston*

*No 61*

**40p**

# *Editorial*

Spring has sprung I'm told but perhaps it just hasn't quite reached this far North !! It would be nice though to shrug off the winter doldrums and look forward to the long sunny days ahead.

Rising costs have forced us to increase the price of the magazine. However it is hoped that this will not deter you from continuing to support both the magazine and the community.

This issue of the magazine is pretty well dedicated to Glenmoriston Village Hall, past and present. I trust it may entice memories to come flooding back for some of our more senior long term residents or ex-patriots !!

The face of Invermoriston has changed dramatically with the demise and subsequent demolition of the old village hall. One day it was there, the next it was part of some landfill site somewhere. Let's hope it won't be too long before a bigger, brighter and better hall takes it's place.

If you have anything bigger, brighter or better that you would like to see in the next issue of the magazine then please send it to;

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Dalchreichart, Glenmoriston,  
Inverness-shire. IV3 6YJ.  
Tel: 01320 340205.

Annual subscriptions to the magazine can be obtained by sending your name and address along with £ 2.50 to the Editor at the above address.

# *Senior Citizens Party*

On Friday 27th February about 20 of Glenmoriston's Senior Citizens were treated to a fine array of food and local talent at their annual party in the newly refurbished Glenmoriston Arms Hotel. On hand to supply the entertainment and music for dancing were Allan Common, ably assisted by Neil Robertson, Alison Reid from Dingwall and Johnathon Henderson from Fort Augustus. Other musical artistes were piper Derek MacFarland, the multi-talented McArthur family, and singer Sheila Grant, both from Fort Augustus. The Rev. Allan from Drumnadrochit along with many not-quite-so-senior citizens helped make the evening a great success.

## *Local Quiz*

This years quiz was organised by the Friends of the Telford Centre and held at the Centre in Fort Augustus. Sixteen teams of 4 entered with hopes of winning the plaque and individual mementoes. Holders Glenmoriston were trying to retain the trophy. They won a hard fought opening match against the Invermoriston team but then lost to the eventual winners. The Glenmoriston team consisted of Ann Harris, Sheila Lumb, Malcolm Jamieson and Simon MacLellan with the Invermoriston team being made up of two husband and wife partnerships; Tom and Christine Kane & Alan and Heather Smart.

### SEMI-FINALS:

Fort Augustus SWRI beat Boleskine Bowling Club  
Glengarry Shinty beat Fort Augustus Lunch Club

### FINAL:

Fort Augustus SWRI beat Glengarry Shinty

SCORE: 25 - 24 (after a tie-break)

All matches were close and keenly contested which helped to make it an interesting evening. My thanks to all who entered and attended and also to those who helped organise the event.

Ken Anthony

# *Loch Ness Gun Club*

We finished off last season with our festive shoot. This is always a popular event with shooters as it is run for charity. We had nearly forty guns enter the shoot and, in the end, managed to donate £100 to the Glenmoriston Senior Citizens Christmas Party and \$100 to the "Chest, Heart & Stroke, Scotland" in memory of Duncan MacDonell. Thank you to everyone who attended for helping these worthy causes.

January saw us start our Winter Series with a 50 DTL shoot. We had an entry of 20 guns with Sandy Ferguson from Invergarry taking the high gun and his son, Derek, just behind him. We held our second Winter Series Shoot in February with a 50 OT. We had a good turnout with 25 entries. Yours truly won this with a lot of luck whilst Willie Lamont from Dornoch was second. On the 25th of February we held our AGM. This was well attended and the following were elected as office bearers and committee:

PRESIDENT: Robert Carr  
CHAIRMAN : David Gillies  
VICE-CHAIRMAN : Alasdair Gillies  
SECRETARY / TREASURER : Peter Macrae

COMMITTEE: Ann Marie Gillies	Rod Macrae
Tommy Girvan	Colin Gourlay
Leonard Grant	James Gray
Willie Gordon	

I gained the meeting's unanimous approval to organise a memorial shoot for Duncan MacDonell. My intentions are to hold the shoot in September close to Duncan's anniversary. Duncan's family have very kindly agreed to donate a trophy as a lasting tribute to this great shooting man. I will keep everyone informed of the date etc. closer to the time and I am sure there will be a good turnout of local shooters as well as those from further afield.

We attended a meeting in Stirling where we gained 8 Scottish Selection Shoots and were also awarded a British Team Selection Shoot. We will also be organising the clay shooting at the Highland Field Sports Fair on the 7th & 8th of August. This is an event which has a lot of hard work attached for the committee but I think the barbeques on the Friday and Saturday nights amply reward them !! There is a lot more at the fair apart from the shooting so try and get over on one of the days.

I am again canvassing for help at the Gun Club this year. The only restriction is that you are over 16, as full training will be given by our safety officers. If you would like to earn some extra money over the summer give me a call on 01320 340224.

If you would like to try a shot then please come in whenever the gates are open or give me a phone as we are always looking to encourage people to have a go. I hope to see some more locals at the club over the coming season.

David Gillies.

## ***Musical Tuition***

Mave Ersu, who lives at "Am Fairdean" in Invermoriston ( next door to Simon the Post ) is a qualified violin teacher. She currently has several private pupils but could, and would like to, squeeze in a few more. If you are interested then please telephone 351326. All types of fiddlers are welcome, especially those who would like to acquire a broader violin repertoire.



# Church News

One of the features of the city minister's life which tends to differ from that of the country minister relates to funerals. Not the style of funeral, not even the length of the funeral - but the number of funerals. Indeed, city ministers often gauge how busy they are by the number of funerals they have in a year. One of my colleagues in the East End of Glasgow averages 3 funerals per week.

All that being said - and given the smaller population in the country - you would expect that the country minister would be, therefore, less busy ! But a few weeks ago I was involved in funerals, one week, on the Monday, the Tuesday and the Wednesday. Yesterday I had two funerals in the one day.

Now, I write this, not to gain sympathy, neither to let you know that the minister actually does something from Monday to Saturday, on the contrary, I write on this topic because I have been led to think, over these last few weeks, about death.

If one thing is certain, it is this - we shall all die. Whether we be rich or poor, well clothed or naked, whether we live in mansions or in the open air - this is the common lot of human beings - to give up our mortal bodies.

How do you feel about that ? Are you comfortable with death ? Is it something to which you have given much thought ? Is it something you have spoken about with your friends - or even your spouse ? Or is this the one taboo subject ? If you are reticent about raising this subject, why so ? Surely this, being the one thing which unite humans, should be the one thing about which we should talk ?

I suspect that the reason for our reluctance lies in the uncertainty of what lies beyond. The fear of unknown dangers is one thing - but the fear of the unknown can be too much to contemplate. You might be surprised to learn that, in the Church, we are quite happy to speak about death and what lies beyond.

This holds no fears for the Christian - he will speak about this with anyone. In fact, he actually, even though he be fit and strong and active, is looking forward to death - not because he is morbid, but because he has been introduced to God in this life and looks forward to getting to know Him better in the next.

Don't you want to find out a little more about life beyond this life ? Wouldn't it allay some of your fears ? Why not come along and see ?

We have services at 10.30 am and 6 pm every Sunday in Drumnadrochit and on the first Sunday of every month in Dulchreichard School at 3 pm.

Rev. Hugh Watt.

## ***Glenmoriston Youth Club***

On the 12th March the soon-to-be-up-and-running Glenmoriston Youth Club held a very successful Whist Drive at the Telford Centre in Fort Augustus.

Ten tables, the best turnout for a long, long time apparently, battled it out for the goodies and the boobies ! There was a huge raffle with over twenty prizes and the evening raised a very handsome £130 towards their funds. A reminder that there is a collection bottle in the shop for your loose change which will help to enable the Youth Club to purchase a pool table.

## ***Witty Ditty's***

You know when its time to go on a diet when you start getting dimples in the wrong cheeks !

Love is the only thing you get more of by giving it away !

Age isn't important unless you're a cheese !

You really know when you are getting old when you bend down to tie your shoes and wonder what else you can do while you're down there !

# *Glenmoriston Arms Hotel*

The major refurbishment of the Glenmoriston Arms Hotel was completed last week. Flash floods last August caused extensive damage to the buildings and grounds, but the repairs set in hand by Neil and Carol Scott have restored things to their former glory.

Four hours of torrential rain put them through a horrendous experience. A burn in the garden filled up with stones washed down from a nearby hillside and the water got diverted right through the hotel. The Tavern & Bistro and kitchens plus other parts of the hotel were flooded causing widespread damage. Two bridges in the grounds were washed away and the gardens devastated. In addition to the repairs to the main buildings it was necessary to reline the walls and base of the burn, demolish and replace damaged chalet-type buildings, reinstate a paved patio and fencing, and replant lawns and shrubs.

With all the work going on around them the past three months have been something of a nightmare but it's all behind them now as they look forward to a new season.





# Pony Club

It's all change in the Pony Club of Glenmoriston. Leslie Bisset has sold on her two Shetland ponies, Bramble and Peat and replaced them with Storm, a 13hh grey gelding and Megan, a 14.2hh palomino Welsh cob mare who, it is hoped, will produce a lovely foal in the not too distant future.

Sheila and Anne MacLellan have been sharing the exercising duties of Midnight, a black cob on loan from the Isle of Skye Riding Centre.

Katie and Vickie Common are eagerly awaiting the start of the 1998 season which kicks off with Pony Club Camp during the Easter holidays followed by several hunter trials culminating in the first big event of the year at the BHS show at Dunain Croy towards the end of May. Katie has acquired the ride on TeeJay, a 15.3hh Appaloosa gelding belonging to a friend so she will be competing on him as well as bringing on the four year old Pharaoh. Vickie has Toto, the pony currently on loan, and Casey to ride, so both girls will be busy. We are hoping for some good results to get us off to a flying start.

However our thoughts continue to drift back to Sammy and the amazing start to the season he had last year before he tragically died. In his memory we are presenting a lovely Border Fine Arts trophy of a Palomino pony at the BHS show in Inverness in May where Sammy was champion last year. What a glorious start it would be if we could win that trophy this year !!



# Glenmoriston Village Hall 1929

"A Public Meeting of the people of Invermoriston was held in the school on Thursday 11th August 1927 at 9pm to consider the advisability of steps being taken to raise funds for the erection of a public hall in Invermoriston to take the place of the Comrades Hall recently destroyed".

With these historic words the Hall Minute Book 1927-1947 records the setting into motion of the process which would lead to the erection of the present Glenmoriston Public Hall. And set into motion too were the local dignitaries in whose civic hands the project was entrusted. They were:-

Captain Grant of Glenmoriston (Chairman)  
Mrs Grant of Glenmoriston  
Mr & Mrs Kydd, The Hotel  
Mrs A.D. Grant, Craighan  
Mr W. Chisholm, The Shop  
Mr D. MacDonald, The Pier  
Mr J. McEwan, Forestry Hut  
Mr Pollock, Schoolhouse  
Rev. A. MacNeill and  
Mr A.D. Grant, Estate Office (Secretary & Treasurer)

Fund-raising was, of course, of paramount importance. As a first step, each member of the "Ways and Means" Committee, as it was called, set himself or herself to "endeavour" to raise £10 from among his or her friends, none to be collected locally. An "Entertainments" sub-committee, consisting of Mr Chisholm, Mrs Kydd and Mrs Grant, Craighan, under the chairmanship of Mr McEwan, was formed to organise a dance. (This was held in the hall at Invermoriston Mains on Friday 26th August 1927, and realised the sum of £20 and 13 shillings) And then, in this preliminary stage of fund-raising, the Territorial Force Association, the National Council of Social Service and the Forestry Commission were approached for financial assistance, it being pointed out to them that the erection of a Public Hall in Invermoriston "would tend to improve the social life of the district". The first two bodies named declined to assist; whether or not the Forestry Commission did is not clear.

About the same time a "building" or "works" sub-committee was formed comprising - Mr Kydd, Mr Chisholm, Mr D. MacDonald and the Chairman and Secretary as ex-officio members. By the 17th September 1927, a plan 'B' was adopted as a suitable type of building, at an estimated cost of between £340 and £400. Following what must have been lengthy discussion and negotiation, the contract for the erection of the Hall, the building to be of the "expanded metal type", was awarded to Mr. Norman Smart of Inverness.

Meantime fund-raising was being continued apace. The possibility of a Free Gift Sale was discussed, and it was decided to arrange a door-to-door collection. Lady Cooper of Ceannacroc was mooted as a likely subscriber and it was resolved to send a "suitable letter" to "Her Ladyship".

By December 10th 1927, a site had been selected and negotiated for, and the go ahead given to clear the site and prepare the foundations as soon as the "Building Committee" considered it safe to do cement and concrete work.

So far, the sum of £124 and 13 shillings had been collected and approximately £85 had been further promised and would be paid to the Hall Fund after the building operation had commenced. At this point, Captain Grant intimated that in the event of the necessary funds not being raised, Glenmoriston Estates Ltd., if approached, probably would be willing to contribute towards the fund.

By the 26th September 1928 the question of securing chairs and forms and installing lighting was being dealt with, and negotiations had been entered into with Mr J. Paterson, Fort Augustus, regarding the cost of putting in "lavatories".

A perennial problem, that of spiraling costs, now reared its head: in October 1928 it was found that even in spite of a donation of £150 from Glenmoriston Estates Ltd., a further £300 plus was required to complete the hall in a "moderate way".

But Sir Alexander Grant, Bart. of Logie, whose forebears came from Glenmoriston, had promised to contribute "whatever sum Captain Grant found was required to complete the hall and make it comfortable for future use", and accordingly he was asked for a donation of £400. Altogether it would seem that the erection of the Hall, its furnishings, lighting (by Petromax lamps), installation of water (hand-pumped from St. Columba's Well) and toilets cost about £600.

The Hall was officially opened on Friday 5th October 1928, the occasion of an opening ceremony and grand dance. It must have been a memorable evening as the extracts from the "Inverness Courier" testify.

Towards the close of that year, a draft constitution was deliberated on and after "several alterations thereto" had been effected, a fourteen clause Constitution of the Glenmoriston Public Hall was approved.

On the 15th December 1928, a caretaker at an "annual salary of Ten Pounds, payable in equal sums of Five Pounds each half year" was appointed. There had been six applicants, now reduced to a list of three; William MacDonald, Blacksmith; William MacKenzie, Invermoriston Pier and Donald MacDonald, Redpark. Donald MacDonald was appointed and took up his duties on the 17th December 1928.

A meeting of Householders elected as the Hall's first Committee of Management, the members of the Committee of Ways and Means who had erected it. The first A.G.M., the original Committee still in office, was held on the 10th August 1929.

At the last A.G.M. held on January 1979, before the Hall was reopened, the following were re-elected to serve on the "Committee of Management";

Mr Pat MacDonald ( Chairman ), Mr J. E. Grant of Glenmoriston, Mr Ian Grant, the Rev. P. Fraser and Mr Gordon Cowie ( all Trustees ) and Messers. A. Nairn, J. Service, P. Stoddart, Mrs M. Fraser and Mrs A. Douglas ( Secretary ).

The following extracts from "The Inverness Courier" of October 1928 will be of interest. The first is an advertisement from the issue of October 2nd 1928.

"Opening of Glenmoriston Hall  
By Sir Alexander Grant, Bart  
on Friday 5th October 1928.

-----  
Grand Subscription Dance at 8.30 o'clock  
Music by Mrs Logan's Orchestra.  
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Provided a sufficient number of tickets are purchased a Charabanc will leave the Station Square, Inverness, in connection with the above".

Now extracts from the issue of October 9th 1928.

"Friday ( 5th October ) was a memorable day in Glenmoriston, when a large commodious public hall, erected on a convenient site, was opened in presence of a large gathering. The opening ceremony was to have been performed by Sir Alexander Grant, Edinburgh, whose forebears came from the district, but owing to his catching a chill, Sir Alexander, to his great regret, was unable to be present at the opening ceremony, which took place at 8.30pm. His place was taken by the Laird of Glenmoriston. Sir Alexander had spoken with enthusiasm of the Glenmoriston whence his forebears had come and he wished every prosperity to the Glen. Mr Alexander MacDonald, Woodpark, the oldest tenant on the estate thanked the Laird for his part in bringing about the erection of the Hall and declaring it open. Mr A.D. Grant, Factor, ( Secretary of the Hall Committee ) said he believed that behind the minds of all who had subscribed was the idea that they really wanted to leave the Glen better than they had found it. The ceremony was followed by an enjoyable dance to the tuneful music of Mrs David Logan's Orchestra. Pipe-Major Young of the Cameron Highlanders also played stirring music. There were almost 200 couples present and they all enjoyed themselves. The duties of Master of Ceremonies were courteously carried out by Mr Donald MacDonald ( The Pier ).

# *Glenmoriston Village Hall 1979*

The following is the report, which appeared in issue number 12 of the magazine in April 1979, on the re-opening of the hall, after it had been closed for months during extensive refurbishment.

" On the 31st March 1979 the now renovated and extended Glenmoriston Village Hall was officially opened. To mark this significant event in the social and communal life of the people a ceilidh was held in the hall in the evening.

A ceilidh, as the genially informative Fear-an-tighe, Rev. Peter Fraser, explained, is a flexible and endlessly adaptable medium for entertainment, particularly appropriate, as became apparent as the evening passed, for the geographical position of the Glen and it's historical and social texture, for it's natural friendliness of it's people (there was an excellent turnout of about 150) and the nature of the entertainment prepared.

The first part of the program comprised a selection of formal assorted concert items interspersed with general dancing. Mr and Mrs Robert Wilson, Kirkhill provided music on accordion and organ respectively and the proceedings began with them playing a medley for an old-fashioned waltz. Then a contingent from Invermoriston School, under the tutelage of the efficient Mrs Nicholson, sang a traditional Gaelic song. This was followed by performances of "The Highland Fling" and "Sword Dance" from Marlene Grant, Alison Taylor and Norma Hossack. Public dancing from the era of ballroom dancing followed, and then Judith Watson and Amanda Grange gave a rendering of "There's a Hole in my Bucket", that showed both verve and polish. Then came Lorraine Service, Paul Tomlin, Shaun Grange and Willie Thompson with their "The Three Crows" supported by their fellow group members in the choir. Now Mrs Nicholson's schoolchildren demonstrated the Scottish Country Dance, "The De'il Amang the Tailors"

Public dancing again and then "The Postie's Dilemma", a play in which Lorraine Service, Charlie Thompson, Christine, Shona Robertson, Willie Thompson, Neil Robertson and Catherine Smart gave spirited performances. A general dance brought this part of the programme to an end. However Alison Taylor and Norma Hossack's "Cakewalk" which should have been performed before the play, was put on at the very end of the evening. A ceilidh is indeed adaptable.

The second part of the evening's programme was a "This is your Life" of Glenmoriston Village Hall. Unfortunately, we have not sufficient space in this issue to do justice to this feature; moreover, with so much space already being devoted to the building of the Hall, one particular facet, it would be over-represented. Therefore, an account of this part of the ceilidh will appear in the next issue of "Moriston Matters".

Meantime, a warm tribute was paid to all who appeared in this project and particularly to Mr Hamish MacDonald who presented the programme with a happy balance between efficiency and a human touch.

A final note: the organisers are grateful for the appreciation expressed by the person who was not present and asked, "Is it only on for one night ?", but the feeling of one of them heard to answer, "Thankfully, yes !", is understandable ".  
.....

I wonder if the Ceilidh to be held when our new Hall is opened in November 1998 will bear any resemblance to it's predecesor, nearly twenty years ago.



# *Glenmoriston Millennium Hall*

Hoping to catch the Glen before it plunges into the tourist season, we have been encouraging people to think about activities they'd like to see up and running in the new hall when it opens in November. Just over a quarter of households returned slips put out in January and enthusiasm was shown for most clubs suggested, plus a few extra that we hadn't thought of, notably Photography, Gardening, Music-making, Philosophy and International Cuisine. All five of these groups have people prepared to co-ordinate/lead them and the Photography one is already organised and ready to roll.

Meetings have been held with the aim of getting five other activities started:- The Carpet Bowls Club is already well organised and moves have been made to obtain grants for equipment and to be affiliated to the Sports Council.

Interest in cards is presently restricted to Whist and a Whist Drive is planned for soon after the hall's opening with a view to making this a regular weekly event.

Art and Craft plan to operate side by side, with several local residents with particular skills being willing to share those said skills with others.

Scottish dancing was the interest of those present at the Dance meeting and this is now organised. Line Dancing was also mentioned on the returned forms and it is anticipated that this will also take place but organised by those interested directly through the outside teacher.

Those interested in walking will be glad to know that the groups inaugural walk is planned for April 26th. This will be a gentle introduction and anyone is welcome to join in (for information, phone Peter Giddy on 340265).





People will be invited to meetings in the next month at which it is hoped steering groups will be formed for the following activities: Keep Fit and Yoga (meeting on 22/4/98 at the Chalet Park), Film Club, Drama Club and Youth Group. We want to stress that everyone is welcome but we can only contact personally those we know about. If anyone forgot to return their slip or wants to change their mind about being involved in a start-up meeting, we shall be delighted to see them or hear from them. The names and numbers to contact for the moment are repeated at the end of this note. A Hall Newsletter will be out shortly in which we hope to give more precise details.

Margaret Allen (351228) Heather Smart (351268)  
Elaine Wolfenden (351283)

## *A Trip to Celtic Park*



On Sunday the 14th March I went with Archie, Graham, Kathleen and Daddy to Celtic Park. When we were leaving Fort William we got pulled over and a man asked for a lift to Celtic Park because he missed the bus. When we got to Glasgow we went to Queen Street station to collect Graham. He had come by train from Edinburgh. Then we went to the Celtic superstore. Kathleen and I got a new scarf each. When the teams came out there was a lot of noise. When Celtic scored it was even noisier. The crowd was more than 50,000 people. After the match we got chips and went home to Invermoriston.

Simon MacLellan (Junior)

## *Witty Ditty's*

Whenever I think about exercise I lie down until the thought goes away !

I don't repeat gossip so listen closely !

# Glenmoriston Walking Group

This is a newly formed group originating from the Village Hall Committee; we had our inaugural meeting on the 31st March.

It was agreed it would be an informal, loose association, with walks being arranged from time to time according to the wishes of members. It is not the intention to create a Munro bagging or strenuous hill walking club (unless at some later date members should wish it so !)

Our first walk will take place on former moorland west of the River Oich near Fort Augustus, which was first planted by the Forestry Commission in the 1930's and now supports a variety of types and ages of forest. The walk is an easy one, on level ground, of about four miles.

We plan to follow this with a pub lunch in Fort Augustus (precise venue open to discussion), and in the afternoon a short (about 2 miles) walk from the Forestry Commission car-park at Allt-na-Criche. This involves some uphill work (not much) which is rewarded with superb views over Loch Ness, Fort Augustus, and beyond to Ben Tee.

These walks are planned for Sunday 26th April. Anyone interested will be very welcome, just come along to the village car park at 11 a.m. on that day. Don't forget to wear stout shoes, walking boots or wellies - and bring a waterproof, in the unlikely event of rain ! Don't worry if you have no transport - there should be sufficient places available in members cars.

Peter Giddy.



# On Your Bike

On Sunday 15th March 13 brave, young ( and some not so young like me ! ) cyclists belonging to the Invergarry Ladies Shinty Team headed off from the Invergarry Hotel on the start of their 25.9 mile sponsored cycle in aid of club funds. The route took them along to the Great Glen Water Park and on to the cycle track there which brought them out at Laggan Locks. From there they crossed the locks and cycled back through Balmaglaister, up through the forest, back down and across Loch Garry at Greenfields finally heading back along the road to the hotel for some much needed soup and sandwiches. This was a proper cycle with real hills and steep climbs, bone-shaking roads and tracks, muddy paths and boggy bits; not just a down-the-road-cruise from Cluanie Dam !!

Grateful thanks go to any poor soul who was captured by the sponsor sheet. At the last count £ 850 had been raised, some of which will be used to fund an outdoor 9-a-side tournament at An Aird, Fort William on Sunday 10th May.

Outdoor training has resumed at the shinty field, Invergarry on Sunday afternoons from 2.30pm and anyone will be made most welcome. Sticks can be provided if required.

The photo shows some of the ladies from Fort Augustus and Invergarry along with the two local players, Kim Edwards and Lesley Common.



# Dulchreichard School

During the last week of term pupils had a "Healthy Week" during which they had to concoct some healthy recipies, eat healthy breakfasts, do first aid, go for walks, runs and do aerobics. The following hopefully will keep you fit and healthy too !!

## Starter - "SPICIN' IT HOT"

4 Tortilla Chips            1 Leaf of both Lettuce & Mint  
1 Tomato and 1/3 of a celery stick

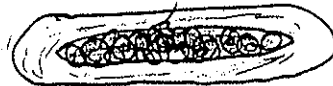
Set the vegetables in the middle of the plate. Set the leaf on the pile. Put the tortilla chips round the edge in a windmill shape then drizzle it with a spicy mexican sauce.

## Main Meal - "SEAFOOD PLATTER"

Baguette                            Prawns and Cocktail Sauce  
Cheese (Mature Cheddar)            Sliced Lemon & Parsley

Cut the baguette in a mouth shape only in the middle then add the prawns to the sauce then put the prawns into the baguette. Add some grated cheese and the parsley and lemon quarter.

Vickie Common P.6



## Sweet - "BANANA NEST"

Meringue Nest            Cold Custard            Mashed Banana  
Cream                      Grated Chocolate

Mash banana into custard. Fill the meringue with the custard. Put a little cream on top and sprinkle with grated chocolate.

Sarah Scott P.3

(I don't know about that one being healthy - more like a dieter's nightmare but it sounds good! - Ed)



However the solitary male chef at the school, Joe McEwan (P.1), reckons that in order to make a healthy meal you needed lettuce, sausage, tomato, egg and carrots and arrange them on the plate in a face pattern.

## WHAT DO YOU DO IF SOMEBODY FAINTS ?

- 1) If someone faints you put them on their side.
- 2) Then wait for a while.
- 3) If they don't get up get a damp cloth and put it on their forehead.
- 4) Then wait until they get up.



On their side



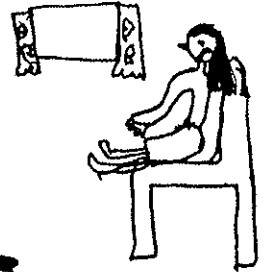
Damp Cloth

2)

Waiting

4)

Getting Up

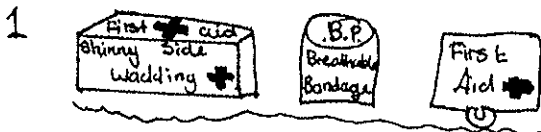


Kerri McEwan P.2

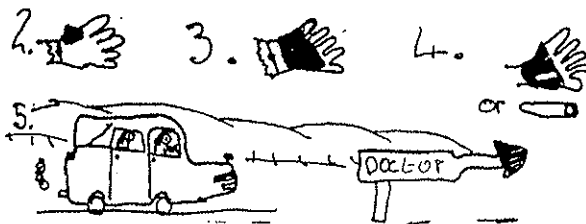
## HOW DO YOU DRESS A SCALD ?

- 1) First you need to get a special wadding with a shiny side and a breathable bandage.
- 2) Place the shiny side firmly onto the burn.
- 3) Then wrap the bandage around the hand going in and out of the thumb but remember not to wrap it too tight because it may cause the circulation to stop.
- 4) Secure the bandage firmly with some micropore plaster or if necessary a safety pin.
- 5) Then take the person straight to the doctor to get it checked over professionally.

Pictures to help you:-



Amy Bisset P.7

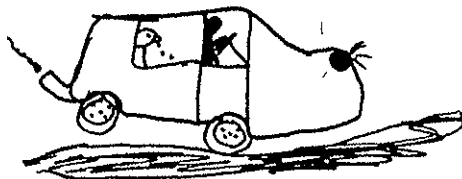


## HOW DO YOU STOP A BLEEDING NOSE ?

- 1) Sit up the person so they are very straight.
- 2) Put your finger on the side that the nose is bleeding
- 3) Close the nose up to 15 minutes until it stops.
- 4) If it doesn't stop go to the Doctor.



DO NOT PANIC



Isla Bisset P.6

## HOW DO YOU BANDAGE A CORNED BEEF TIN CUT ON YOUR HAND ?

- 1) First of all you run the cut under cold water. Get out the lint and the bandage.
- 2) Put a firm padding of lint on the cut and hold it.
- 3) Take out the bandage and start wrapping it round the person's hand, a few times just round and a few times around the thumb. Remember to wrap the bandage firmly but not too tight as it could stop the circulation.
- 4) When you come to the end tuck the bandage in securely
- 5) If the bleeding does not stop call the Doctor immediately.



Cassie McEwan P.6

Neil, the two Matthews and Co. had better look to their laurel's with all these new recruits lurking in the wings !!

# GOING GOING GONE.....



# Local News

WELCOME to Roger and Linda Bostock who have had a new house, with the totally unpronounceable name of Taigh-Ri-Taobh-A-Sgoil, built next door to Dalchreichard School !

WELCOME also to their next door neighbour, Malcolm Jamieson, from North Wales although originally from Yorkshire. He has sensibly called his new house simply "Sheila's Cottage" after his late wife. It's bad enough having to spell "Dalchreichart" every time someone asks for your address, without having to spell the house name as well !!

WELCOME (soon) to Michael and Lena English from London, the third couple who have moved to Dalchreichart. Lena is a sister of Doreen Jones of hairdressing fame ! Accompanying them at "Westwinds" will be their two large Alsatian dogs.

What a busy place Dalchreichart is !!

Dates for your Diary: Plant Sale - Sunday 24th May - Car Park. Contributions required please. Orders taken for bedding plants. Tel: Elma (351203) or Clare (351254)

Youth Club Grand Auction and Big Race Night Also raffle and entertainment. To be held sometime in June. Don't worry about the date, Ricky will let us all know !!