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*** * EDITORIAL * ***

Well, the first issue seems to have gone down quite well. There were no letters of complaint but, there again, there were no letters of commendation either! Apparently some people found the print a bit difficult to read but hopefully there should be some improvement in this issue.

We were hardly inundated with entries for the competition; three in total! Perhaps the entry fee was a bit steep but it was in aid of a good cause. However the eventual winner was Alan Smart and he wins the prize. Congratulations to him and commiserations to the other two entrants whose answers were also correct. There is another competition in this edition so lets hope there will be a better response this time.

There have been plenty of promises of all kinds of articles for future issues so hopefully they will all materialise.

Contrary to popular belief, editors don't like having to be always pestering people for stories and reports so please be forthcoming with your submissions and please forgive the editor if she nags!

The next issue will be due out in July so all articles to be with us by the middle of June please.

All correspondance should be addressed to:

The Editor,
The Old Well,
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Glenmoriston.
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Here are the answers to the last competition. It's quite easy once you see the answers, isn't it?

1. Only on December 26th?.....BOXING
2. Run in ancient Greece and modern Britain.....MARATHON
3. Ten in a stable.....TABLE TENNIS
4. China seconds?.....BADMINTON
5. Tumbled when not even running.....FELLWALKING
6. OK to snore.....SNOOKER
7. Sick I am surrounded by poets.....BILLIARDS
8. In bed on pillow, rest lingeringly.....WRESTLING
9. Strike back.....GOLF
10. Pot bird potting.....CLAY PIGEON SHOOTING
11. Tall Ben?.....NETBALL
12. Mixed gin in the ocean.....CANOEING
13. Find it at the kebab stall.....BASKETBALL
14. Cold perm?.....CURLING
15. Not at Aerobatics.....AEROBICS
16. Do it to a thimble, then mix yourself a gin!..HUNTING
17. The cobra stings easily to start with.....TOSS THE CABER
18. Skipping none too quietly.....SKIING
19. Key choice.....ICE HOCKEY
20. Circle with some hesitations.....ROUNDERS
21. Bite at a cherry.....ARCHERY
22. East, east, east circle.....ORIENTEERING
23. Dangle around one army award.....SWIMMING
24. Excited toddlers are retarded at kindergarden,
being initially backward.....KARATE

SCHOOL REPORT

DU LCHREICHARD SCHOOL

Rubbish

Rubbish is smelly and
it is dirty. When you
throw rubbish out it is
bad. put it in the bin.
I put my crisp packets
in the bin.

katie

P.1

RUBBISH

Dirty and smelly,
Worse than in your welly,
Bad and mad,
Worse than a lad.
Rubbish
Kills the environment.
It's stronger than an imperial mint,
Hedge-hogs catch their noses in coke cans,
Birds get strangled in beer can rings,
SO DONT DROP RUBBISH.

Fiona Norton P.7

NATURE

Nature is nice to the world. The trees are beautiful and the butterflies colour up the world with all their colours. Birds are very nice. I like looking at the birds.

Caroline Kennedy P.3

A POEM ABOUT SPRING

I know when spring comes,
The bees come in spring,
Lambs are born in spring,
Lambs jumping and playing
in the sun.
Plants are growing,
children are playing,
I am playing too.

Anne MacLellan P.5

SCHOOL PROJECT

Dulchreichard Primary School are doing a project called GROWTH. We have already planted tulips, sunflowers, peas and other kinds of flowers and vegetables. We have done experiments with broad beans, sunflowers and cuttings of other flowers. We are doing the project in three parts: people, flowers and animals. So far we have done flowers, a little bit about animals and we're learning about people growing up.

Darren McEwan. P.5

GROWING TOMATOES

Now spring is creeping nearer all of you out there will probably be planning to plant tomatoes. Well if you are, underneath there are instructions for sowing juicy tomatoes.

STEP 1 - Sow thinly in pots or boxes with compost. Cover with about $\frac{1}{2}$ cm of compost. Cover with a sheet of glass and newspaper. Keep temperature at 15°C and ensure compost is kept moist.

STEP 2 - When seedlings appear remove glass and paper then reduce temperature to 15°C. When seed leaves have expanded pot up the seedlings singly into 9cm pots and place in sunny area. When plants reach 10-15cm tall put into positions in pots or beds. Train plants up supports. Feed with fertilizer.

After these instructions of growth, you should end up with lovely, red tomatoes.

Michelle Webster P.7

RECIPE FOR FRENCH TOMATO SALAD

After planting your fine crop of Money Makers (see above) you may be tempted to try something with your tomatoes so I have cropped up a recipe (enjoy the pun) for french tomato salad:-

Put 6 large firm tomatoes in a bowl and pour over boiling water. After 1 minute drain and skin. Slice finely and put in a salad bowl. Season well with salt and pepper. Chop 3 spring onions, 2 sticks of celery. Mix together, add 1 tablespoon of oil and 1 teaspoon of capers and spoon over tomatoes for a mouth watering meal.

Barry J. McLeod P.7

HEALTHY EATING

Eat healthy foods. Do not eat and drink lots of crisps and coke. Do lots of exercises. Keep very healthy. Eat fish, cheese, meat, yoghurt and drink water and fresh orange juice. You must also brush your teeth every day, that is very healthy. Eat lots of fruit and vegetables and never take drugs.

Archie MacLellan P.6

MUMS DAY

My Mum is short and skinny. I wish she'd give up slimming. Every thing she eats is tiny things. One day at night time Mum had set out a big feast. The table was full of first and second courses. And list of all loads of sweets.

Alasdair Norton P.5

THINGS TO DO IN GLENMORISTON

On Thursday there is a youth club. There is all sorts of games like football, basketball and a lot more things to do. There is also the Clog and Craft shop beside the pub. You can also buy nice sheep skin rugs and goat skin rugs. Nature walks are very common because you see wildlife like deer, squirrels and birds of prey. Maybe after your outdoor walk you could call in to the Glenmoriston Arms hotel and have a nice lunch.

Stephen Smith. P.6

LIFE IN THE STONE AGE

The stone age was about 3,000 years ago when everything was made of stone. I suppose that is why it is called the Stone Age. In school at the moment we are reading a book which is called the Boy with the Bronze Axe which is about the Stone Age and it is set in Skara Brae in Orkney. Skara Brae is underground. I would like to go to see what it was like in the Stone Age.

Michelle MacLeod P.5

OUR COMPUTER

Our school computer is called EBC Microcomputer system. There are 24 disks and my favorite disk is called Space Mission Madd which is all about you going around investigating the moons around their own planet of Oozie. Here you must win an asteroid laser and then try to fly through an asteroid belt.

Graham MacLellan P.7

:: INVERMORISTON SCHOOL ::

Last night it was very stormy. The wind was howling and the trees were bending over. Lights were flickering and the rain was splashing. The T.V. wasn't working. What a night.

Calum Grant P.4

Snow is soft, cold and white. It comes from the sky. We can build a snowman if there is enough snow. We can see our footprints in the snow. We like to touch snow and to make snowballs.

Eva, Thomas, Martin and Emma

SPRING

Jack Frost comes at night when its cold
and wintery
Making the ground hard and white
as white as clean paper
Freezing the burns and rivers
making the ground sparkle
When the sun comes
Jack Frost runs in case he burns.

Spring is a lovely time
Buds appear on the trees
Flowers push up through the ground
Baffedil, crocus, hyacinth
Birds come back to build their nests
Animals wake up.
Lambs are born.
Days get longer and warmer
Spring is a lovely time.

Scott Vaughn P.4

Kimberly P.4

Ice is like a crystal, Smooth, glittering in the sun. Clear, slippy, hard.
Cracking, breaking, Dangerous. Ice makes me shiver.

Christopher P.5



PONY CLUB



It hasn't been a bad winter for the ponies. They don't seem to mind the cold and the frost: It's the wind and the rain they object to.

Lesley Common should be hearing the patter of tiny hoof beats sometime in April if all goes well. Her grey mare paid a return visit to a 14.2 Riding pony stallion last year as she was barren after the previous visit. Her foal should make about 13.2hh at maturity, and their first outing will be to the Royal Highland show in June.

Katie's pony Tam is scheduled to make an appearance at the luxurious Gleneagles Equestrian centre in April at the Scottish and Northern Welsh Pony and Cob Society show so good luck to them.

Ann-Marie Gillies and Catriona Grange will shortly be having to say goodbye to Mandy and Cindy as they return to Iain Campbell at Glensheil in April. Sheila and Hannah MacDonald have had their horses at livery at Borlum over the winter to enable them to ride more often which is a good idea but unfortunately a costly one.

Alison Wilson has moved her pony Fly up to Kiltarlity to be nearer them as the family are temporarily living in Beauty. Her big arab mare and last years foal have both been sold and moved on.

Eilidh Nairn's pony has gone for a short holiday to Fort Augustus but will soon return to be seen popping over her new jumps.

***** Q U I Z *****

This time you are looking for birds names. The first one is done for you. All you have to do is underline each birds name. Entries to be in our hands by 1st June please and a cash prize will be awarded to the first correct entry drawn out. Entry fee - 50p

DEAR ED,

STARTING EARLY, WE TOOK IT EASILY AND AT THE BELL INN, ETON, WE PICKED UP JACK DAWLING AND ERNEST. ONE CHATTED A LOT, SO TIME PASSED SWIFTLY, BUT RAIN ON THE MOTORWAY WAS A GRAVE NUISANCE, AFTER WHICH I DECIDED TO HAND OVER THE WHEEL AND STEAL AN HOURS SLEEP, BEFORE REACHING ULLSWATER AT MIDNIGHT IN GALE FORCE WINDS. NEXT MORNING ON TO SCOTLAND WHERE OUR HOTEL IS IN AS PINE A GLEN AS I HAVE EVER SEEN. WITH RUSHING STREAM AT THE BOTTOM OF A STEEP LOVER'S LANE. IT IS ALL THAT IS NOW LEFT OF AN OLD MILL, BUT IT IS NOW RENOVATED AND VERY SMART INSIDE. NO OTHER OTHER ONE FOR MILES AROUND. ERIC ROWS, THOUGH AWKWARDLY, LEAVING ANNE TO DOZE IN THE STERN. EXCELLENT FOOD; NO GOOD FOR TAKING OFF INCHES FROM THE WAIST OR -- KEEPING WIDE AWAKE. NOTHING IS WANTING EXCEPT PERHAPS REGULAR KILTS AND PIPERS.
LOVE FROM ALL, ARDELLE.

THE HISTORICAL GLEN



Dalchreichart Sub Post Office, after more than half a century of existence, ceased to operate on the 6th of October 1978. It was closed by the Head Post Office in Inverness when the then Sub Postmaster, Mrs Nancy MacLeod, moved to Tor Aluinn and, as the Post Office considered the new location would not be a suitable site for a Sub Office, resigned the post.

Dalchreichart Post Office was set up in the early 1920's as a postal delivery Office, and became a post office because in those days such had to be established wherever a postman was based. And so now Hamish MacMillan had added "Dalchreichart Sub Postmaster" to his multifarious duties as Glen postman. Some of the older inhabitants of the Glen will remember the early incumbents of Dalchreichart Sub Post Office in its various locations throughout the years, and of course the recent ones still live in the community. The earliest Sub Postmaster was Archie MacPherson, from, as far as can be ascertained from 'unofficial' records, the early 1920's to the 1930's. There followed then two lengthy spells: Mr MacPhee from the 30's until 1947 and Mrs Margaret Warren from April 1947 to March 1959. Mrs Jean Watson, wife of the then Torgoyle Forrester, served until November 1962. Then in succession came Mrs McDonell (1962-1969), Mrs Christina MacLeod (1969-1972), Norman MacLeod (1972-1975), and, as said, Mrs Nancy MacLeod until it was closed.

The Postmen (the men and women 'on the beat', so to speak), who covered the 'up the Glen' round from Ivy Cottage to Tomchrasky (including Inverwick, and Inchmore when the Post Office was situated there) are also well-known. When Willie MacPhee became Postmaster on the death of Archie MacPherson, he still did the postman's round, leaving his wife to look after the office. During his last illness Peggy Fraser from Ivy Cottage did the round for a few months. When Mrs Warren took over the Post Office in 1947 Jimmy Warren became postman and carried on for about 14 years, until he joined the Hydro Board. Then Rebecca MacDonald delivered the mail, using her own moped to help her cover the miles latterly, until on May 1st, 1970, Hamish was supplied with a van and covered the whole Glen to Cluanie.

The Office was located variously throughout the years. When Archie MacPherson kept the Post Office it was an annexe to the house now occupied by Ken and Isobel Anthony (The Old Post Office House) between the house and road. Mr MacPhee conducted business from his house - the east end of Lizart cottage. Then the Post Office operated as follows: from the back of Dalchreichart Farm House (Mrs Warren); from the back of Torgoyle Lodge (Mrs Watson); from the porch of Inchmore (Mrs McDonell); from Dalchreichart Farm House again (Mrs MacLeod); from Inchmore again (Norman MacLeod); and latterly from Nancy's caravan at Dalchreichart.

In deciding to close Dalchreichart Sub Post Office the Head Post Office took into account the volume of business done: some of the statistics may interest readers:-
Retirement pensions cashed - 5 per week, Family allowances cashed - 9 per week,
Postage stamps sold - £10 per week, Postal orders issued - 7 per week,
Postal orders paid - 6 per YEAR ,

But, of wider interest, the Post Office emphasised that 'The amount of business

transacted' was 'not by any means the sole criterion for keeping a Post Office open' that 'the adverse impact closures would have on the public' was also taken into account.

(The above article appeared in October 1979 and was compiled with information supplied by the Head Post Office, Inverness, Mrs Kay Grant, wife of Mr Willie Grant and formerly Kay Warren and others. ED)



CLUB NEWS

GLENMORISTON BADMINTON CLUB

Resurrected just over a year ago by a few enthusiastic individuals, the club has continued to meet on a regular basis throughout the year. We meet on Tuesday nights in the Village hall from 7.30pm onwards and there is a nominal charge of £1.00 to cover costs.

Recent events include matches against Fort Augustus and Drumnadrochit. Despite valiant efforts by the doubles partnership of Dave and Shona, Neil breaking yet another racket, and Colin trying to nobble the opposition with his home-made shortbread, victory has eluded us. However results on our own patch have been closer than anticipated. Home advantage takes on a new meaning with a reduced court and roof beams to contend with!

RESULTS:	Fort Augustus	11	Glenmoriston	1
	Glenmoriston	5	Drumnadrochit	7
	Drumnadrochit	9	Glenmoriston	3

If you fancy a fun evening and the chance of meeting new people, why not pop along to any of our club nights. Rackets can be provided.

Look forward to seeing some new faces (or old ones again !)

H.W.

† CHURCH NEWS †

On February 8th we returned home from a holiday in the sun. The temperature was -5°C when we stepped off the plane at Heathrow. Everything looked cold and grey, even in the early morning light and snow swirled around the corners of the buildings.

But in just a few short weeks all that has changed. Spring is on the way, calling the snowdrops from their deep winters sleep and sending the birds singing north. What a wonderful time of year: days and nights are about equal; winter seems to have died and everything else has begun to come alive. More than any other, it is a time of hope and promise and points to the glorious fact that Christ rose from the dead and became the very first to rise of all who sleep the sleep of death.

'May the God of hope fill YOU with joy and peace in your faith, that by the power of the Holy Spirit, your whole life and outlook may be radiant with hope.'

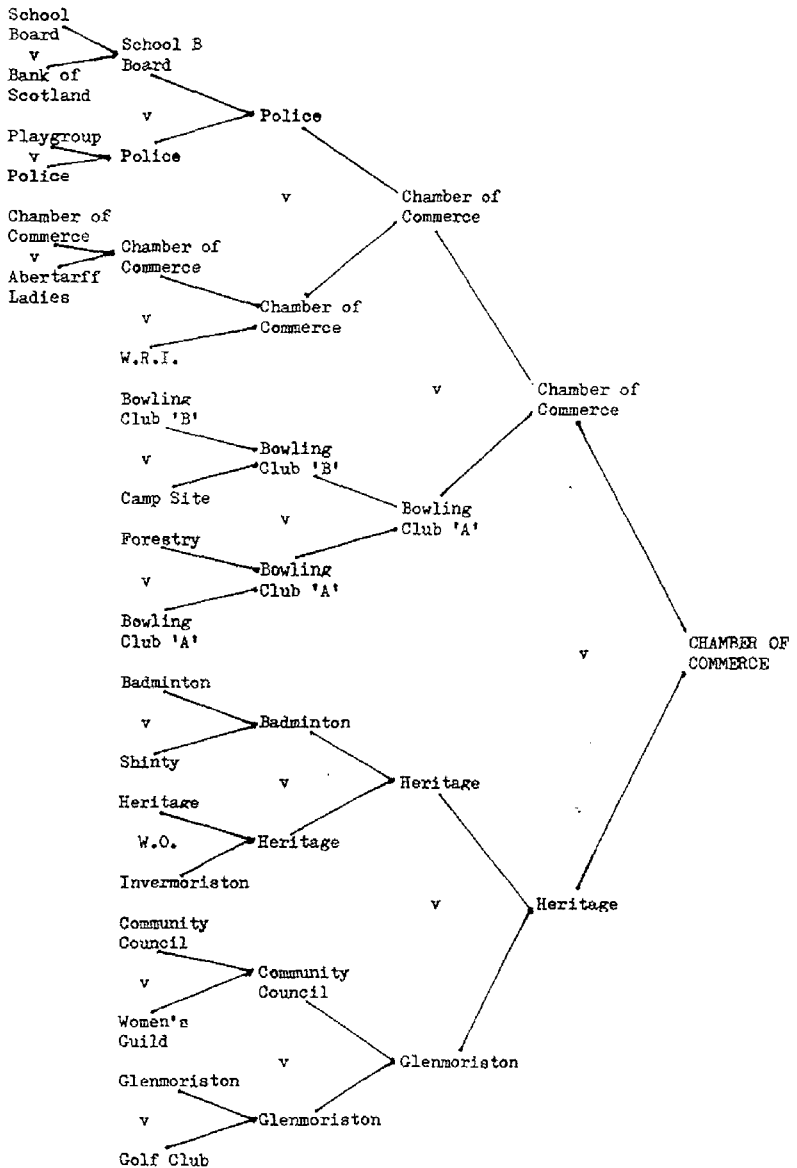
Happy Easter!

(Easter Service, Sunday 31st March, 12.15pm, Glenmoriston Church of Scotland)

Rev F B Buell, Minister.

..... LOCAL NEWS

The Community Council recently held a quiz in Fort Augustus in aid of the Under-12 shinty club. 18 teams from the surrounding area took part and these were the results;



CONTD.....

Community Council Quiz contd

The trophies, which were donated by Brian Clark, were presented to the winners and runners-up by Thelma Clark. Glenmoriston were very well represented by Ken Anthony, Judy Poore, Ann Harris and Simon MacLellan. Isobel Anthony and Lesley Common were members of the W.R.I. and Playgroup teams respectively. Special prizes were awarded throughout the quiz for answering pre-selected questions and these were won by: 1st Sandy McLure (Forestry) - $\frac{1}{2}$ Bottls whisky, 2nd Judy Poore - Bottle of wine, 3rd Simon MacLellan - Box of chocolates. The healthy sum of £251.20 was raised.

Glenmoriston Quiz

Glenmoriston Arms Tavern held a quiz night on Thursday 7th March. The aim of the evening was to try to find a team to challenge other teams in the area. The four teams had to answer a variety of questions ranging from general knowledge to pop music (Tom's favourite); films to sport; News of the '60's to Scottish history. Alan Draper was quizmaster and the teams were as follows:

TEAM A - Tom Kane, Susan Cowen, Mairi Dymond and Christine Whitehead

TEAM B - Lesley Common, Richard Jarvis, Willie Smeaton and Alan Smart

TEAM C - Jeff Dymond, Alf Timcke, Malcolm Croll, and Willie Robertson

TEAM D - June Robertson, Cina Jarvis, Lyn Kane and Rene Timcke

Each team played each other and the eventual winners were the 'A' Team with 2 wins and 1 loss and 115 points. Second were the 'B' team also with 2 wins and 1 loss but with 89 points. Third were team 'C' who didn't win any of their games but had 87 points! Finally fourth were team 'D' who won twice but only scored 84 points.

The evening was a great success and hopefully more will follow.

»»»» NOTICE BOARD ««««

- March 22nd - Cellidh in village hall at 7.30pm
- March 27th - Final whist of season; great prizes and big raffle
- March 25th - Meeting in hall about Gala Day at 7.30pm
- April 19th - Dance in village hall to Sound Affair
- May 10th - Dance in village hall to Jack Stitts Band



RECIPE PAGE



These boozy recipies have been very kindly supplied by Claire McEwan!

Whisky & Chocolate Mousse. (Serves 6)

6oz Dark dessert chocolate
6 eggs - separated
2 tablesp. whisky

Break choc into small pieces and melt over a pan of hot water until smooth. Remove from heat and stir in the egg yolks. Add whisky and stir until thoroughly combined.

Beat egg whites until stiff, then fold into choc mixture with a metal spoon. Pour mixture into glass serving bowl and place in fridge to chill for at least 2 hours. Decorate with whipped cream and chopped nuts if liked.

Vodka Ice Cream (Serves 4)

6floz condensed milk
4oz dark dessert chocolate (melted)
4floz vodka
10floz double cream, whipped

Using a wire whisk beat chocolate, milk and vodka together until thoroughly combined. Spoon mixture into freezing tray and place in the freezer for 30 minutes or until it begins to set around the edges.

Remove tray from freezer and spoon ice cream mixture into a chilled mixing bowl. Beat well with a wire whisk. Fold cream into mixture and return mixture to tray and smooth over with a knife. Return tray to freezer and freeze overnight.

Steak in Red Wine (Serves 2)

1 lb Fillet steak
1 onion - chopped
2 tablesp mustard
Red Wine
Pepper
Garlic Salt
10 floz Double cream
4 oz mushrooms - optional

Rub garlic salt then mustard over both sides of steaks and place in frying pan with 10 floz Red wine and gently cook until tender adding more wine if necessary throughout cooking.

Add onion, mushrooms and pepper. When sauce is reduced add the double cream and cook until cream thickens and darkens then serve.
